

FGBA - MDN I: GOD & SELF

SESSION 5

Seal Up!

1 Thessalonians 5:23

Now may the God of peace Himself sanctify you completely; and may your whole spirit, soul, and body, and be preserved blameless at the coming of our Lord Jesus Christ.

Ephesians 1:13

In Him you also trusted, after you heard the word of truth, the gospel of your salvation; in whom also, having believed, you were sealed with the Holy Spirit of promise.

Objectives:

- To be made whole and SEAL UP in spirit, soul and body
- To transit from conform to transform

Revelation: What does the bible say?

THE OLD TEMPLE AND THE NEW TEMPLE

Old temple: For God to dwell amongst His people

New temple: We are the temple of the Holy Spirit

1 Cor 3:16-17

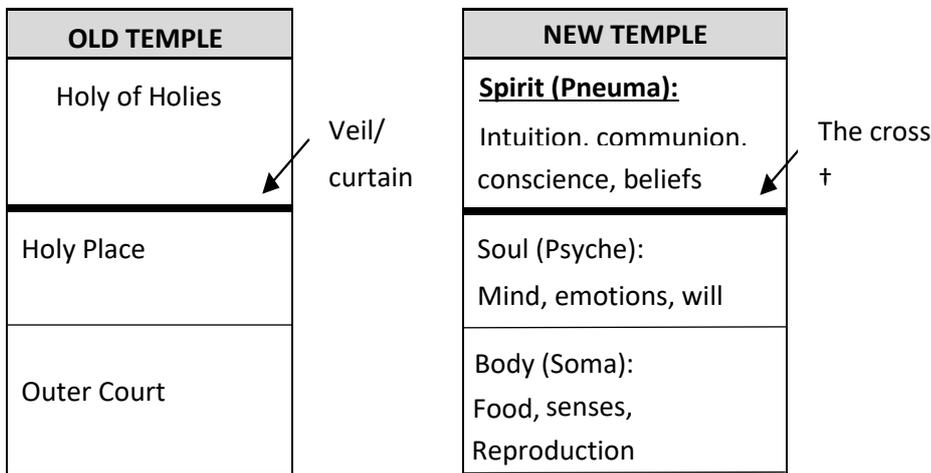
Do you not know that you are the temple of God and that the Spirit of God dwells in you? If anyone defiles the temple of God, God will destroy him. For the temple of God is holy, which temple you are.

1 Cor 6:19-20

Or do you not know that your body is the temple of the Holy Spirit who is in you, whom you have from God, and you are not your own? For you were bought at a price; therefore glorify God in your body and in your spirit, which are God's.

1 Pet 2:5

You also, as living stones, are being built up a spiritual house, a holy priesthood, to offer up spiritual sacrifices acceptable to God through Jesus Christ.



1) Spirit connects us to the spiritual realm

- The body without the spirit is dead
- Angels: soul and spirit but no body (unless they appear in bodily form)
- Animals: body and soul without spirit

James 2:26

For as the body without the spirit is dead, so faith without works is dead also.

2) Soul connects the spirit realm to the natural realm

Heb 4:12

For the word of God is living and powerful, and sharper than any twoedged sword, piercing even to the division of soul and spirit, and of joints and marrow, and is a discerner of the thoughts and intents of the heart.

3) Body operates on five senses and connects us to the natural man

- Executive of the personality can be spirit, soul or body directed. When we are cut off from God (via the spirit), we will be ruled by our soul and body instead. **Rom 8:5-12**
- The Holy Spirit Himself bears witness with our spirit that we are the children of God (**Rom 8:16**). We are connected with the Lord through our spirit. **1 Cor 6:17**
- For transformation to take place, our soul (mind) needs to be renewed even though our spirit is made new! **Rom 12:2**
- We are transformed from glory to glory, just as by the Spirit of the Lord. **2 Cor 3:18**
- Spirit-led and Spirit-controlled life. Flesh gives birth to fleshy lusts, but the Spirit gives birth to spirit life. **Rom 8:14-15**

ii. Put off the old man, renew the spirit of your mind - **Eph 4:17-25**

- What must I do to submit my soul under the direction of the Holy Spirit?

3) Spirit: Intuition, Conscience

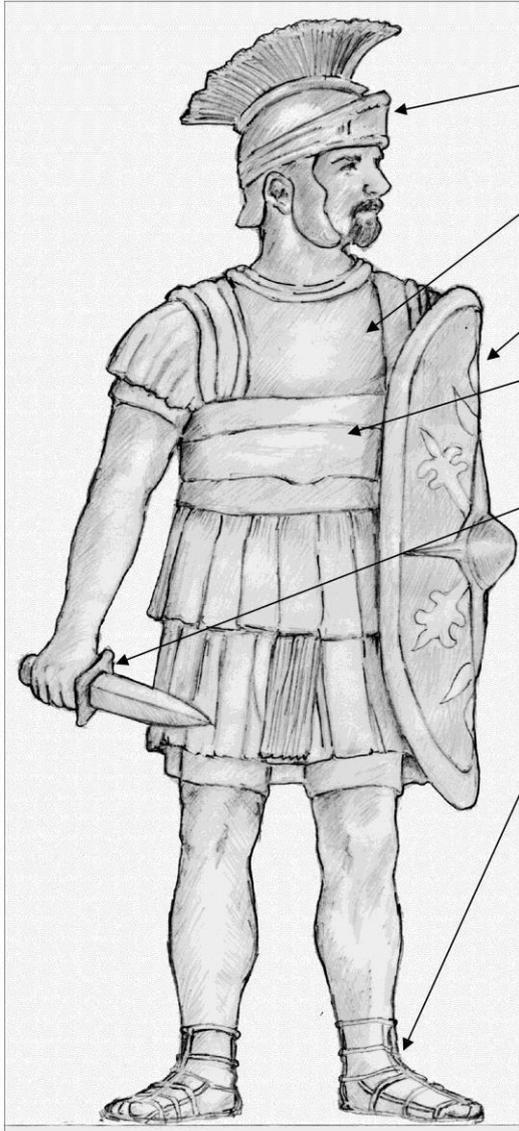
- i. Strengthen your intuition by learning to be sensitive to the voice of God **Ps 51:10-12**
- ii. Clean up the conscience through meditating on the word of God **Ps 119:9-11**
- iii. Strengthen your spirit man by spending time in worship & prayer. **Jude 20-21**

- How can I strengthen my spirit man?

The Whole Armor of God

Ephesians 6:10-18

Suffer hardship with me as a good soldier of Christ Jesus. No soldier in active service entangles himself in the affairs of everyday life, so that he may please the one who has enlisted him as a soldier, and if any one competes as an athlete, he does not win the prize unless he competes according to the rules.
2 Timothy 2:3-5



The Helmet of Salvation
Verse-17

The Breastplate of Righteousness
Verse-14
1 Corinthians 1:30

The Shield of Faith
Verse-16
Hebrews 11

The Belt of Truth
Verse-14
John 8:31-32 John 14:6

The Sword of The Spirit
Verse-17
Hebrews 4:12-13

Feet Shod with The Gospel
Verse-15
Romans 10:15

- 10 Finally, be strong in the Lord, and in the strength of his might.
11 Put on the whole armor of God, that ye may be able to stand against the wiles of the devil.
12 For our wrestling is not against flesh and blood, but against the principalities, against the powers, against the world-rulers of this darkness, against the spiritual hosts of wickedness in the heavenly places.
13 Wherefore take up the whole armor of God, that ye may be able to withstand in the evil day, and, having done all, to stand.
14 Stand therefore, having girded your loins with truth, and having put on the breastplate of righteousness,
15 and having shod your feet with the preparation of the gospel of peace;
16 withal taking up the shield of faith, wherewith ye shall be able to quench all the fiery darts of the evil one.
17 And take the helmet of salvation, and the sword of the Spirit, which is the word of God:
18 with all prayer and supplication praying at all seasons in the Spirit, and watching thereunto in all perseverance and supplication for all the saints,

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BELT OF TRUTH

1. Put on Christ "For as many of you as have been baptized into Christ have put on Christ." (**Galatians 3:27**)
2. Fasten the Belt of Truth around your waist (**Ephesians 6:14**)
3. Worship in Spirit and Truth; Grace and Truth came through Jesus (**John 4:24; John 1:17**)

BREASTPLATE OF RIGHTEOUSNESS

Christian soldiers should stand their ground and not turn their backs to the enemy. Instead, let the devil flee from your steadfast loyalty. "Submit yourselves therefore to God. Resist the devil, and he will flee from you. (**James 4:7**)

We are to seek first His kingdom and His righteousness, and all these things shall be added to us. (**Matthew 6:33**)

Righteousness exalts the nation and sin is a reproach to any people. (**Proverbs 14:34**)

FEET SHOD WITH GOSPEL OF PEACE

Shalom Peace from the Prince of Peace.

1. Jesus came and stood in the midst, and said to them, "Peace be with you." (**John 20:19**)
2. Wind and Wave obey Jesus." Then He arose and rebuked the wind, and said to the sea, "Peace, be still!" And the wind ceased and there was great calm. (**Mark 4:39**)
3. The 70 Sent Out. Jesus instructed His disciples to bless whatever house they enter, first say, 'Peace to this house' (**Luke 10:5**)

SHIELD OF FAITH

Hold up that shield of faith and resist temptation. If we yield without a fight, we are in reality inviting temptation.

When the devil sends his flaming arrows of temptation, we are to hold up the shield bearing the name of our King of Kings, Jesus. Through faith, in His name, we can resist any enticement. (**1 Corinthians 10:13**)

Declare the Words of Faith: "Many are they who say of me, "There is no help for him in God." But You, O Lord, are a shield for me, My glory and the One who lifts up my head. (**Psalms 3:2-3**)

Declare: The Lord the Avenger of His People: "Plead my cause, O Lord, with those who strive with me; fight against those who fight against me. Take hold of shield and buckler, and stand up for my help. Also draw out the spear, and stop those who pursue me. Say to my soul, "I am your salvation." And my soul shall be joyful in the Lord; it shall rejoice in His salvation. (**Psalms 35:1-3;9**)

HELMET OF SALVATION

Each day, experience the presence of God in your life.

1. Be transformed by the renewing of your mind, that you may prove what is that good and acceptable and perfect will of God. (**Romans 12:2**)

2. For in Him, we live and move and have our being...(Acts 17:28)
3. For with Him, nothing will be impossible. With God, all things are possible. (Luke 1:37; Mark 10:23)
4. For of Him and through Him and to Him are all things, to whom be glory forever. Amen. (Romans 11:36)

SWORD OF THE SPIRIT, THE WORD OF GOD

A soldier traveling in enemy territory never leave his sword out of reach. In the same way, a Christian should "be ready to give a defense to everyone who ask you a reason for the hope that is in you, with meekness and fear; having good conscience, that when they defame you as evildoers, those who revile your good conduct in Christ may be ashamed." (1 Peter 3:15-16)

The Rhema Word of the Lord for the Kairos Time is sharper than any two edged sword. Centurion faith in the Lord's Word: "But only speak a Word, and my servant will be healed." When Jesus heard it, He marvelled, and said to those who followed, "Assuredly, I say to you, I have not found such great faith, not even in Israel! (Matthew 8:8, 10)

Prayer for activation

FATHER, now may the God of peace Himself sanctify me entirely and may my spirit and soul and body be preserved complete without blame at the coming of our Lord Jesus Christ. Faithful is He who calls me and He also will bring it to pass. In Jesus name. AMEN"

Evening prayer for sanctification and protection – Psalm 141

FOCUS

What are the revelations I received that requires me to take action?

REFLECT

List out Life, Living & Livelihood issues...

ACT

My commitment to God to follow up with actions...